



Inside this Issue

President's Letter	Page 1
Board of Directors	Page 2
Wish List	Page 2
Upcoming Events	Page 3
Wautoma House	Page 3
Planned Giving Guide	Page 4
Westfest	Page 5
EAA	Page 6
Challenge Football	Page 7
Toy Lending Program	Page 7
IEPs	Page 7
Respite Hotel	Page 8
A Journey to Independence	Page 9

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Oshkosh, WI 54903-1241
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(920)261-1895
cp@cpmideastwis.com
www.cpmideastwis.com

Mission Statement:

Our mission is to provide services that positively affect the quality of life for persons with disabilities and their families, including, but not limited to cerebral palsy.

Counties Served

Adams	Outagamie
Calumet	Waupaca
Fond du Lac	Waushara
Green Lake	Winnebago
Marquette	

A Letter from the President

Challenging months have faced us since our last Newsletter but we are happy to report we weathered the storm and are moving ahead with great anticipation of great things ahead. A quick summary, on April 10th the Respite House was severally damaged when the sprinkler system exploded causing major water damage. We were very lucky in that no injuries were incurred. Despite all of this, the very next day services were provided without any interruption to our consumers as a result of UW-O generously opening Grunhagen Hall for our use. Our consumers handled the transition with ease, a smile and a great attitude, calling their new temporary home "Hotel Grunhagen". We are happy to report that the repairs are almost complete and we are looking forward with much anticipation to our move back to the Respite House very soon.



We have many to thank:

- CP Staff – for their dedication and assistance in moving consumers out of harms way
- Consumers and families – for their taking the situation in stride
- UW-Oshkosh – for their support and providing us with a temporary home
- UW-Oshkosh Football Team – for their care and enthusiasm in

- helping with the move
- UW-Oshkosh Sigma Sigma Sigma – for immediately helping to store food
- UW-Oshkosh Human Services Department – for their assistance in helping us move
- Oshkosh Fire and Police Departments – for their compassion and reassurances
- Respite House Neighbors and Friends – for their concern and assistance
- Axle Tech – for assisting in moving to keep the renovations moving along
- CP Volunteers – for their concern and help
- All Saints Church – for housing our After School Program for a couple days
- Oshkosh Area School District and Lutheran Homes – for their understanding and cooperation
- And a special thanks to anyone we have accidentally missed.

While we were blessed that the major repairs were covered by insurance, we are hoping to raise an additional \$30,000 to cover upgrades to the sprinkler system, putting new carpeting in the bedrooms and replacing some furniture. If you would like to assist, please send your check to CP-Respite House.

From all of us, thank you for your continued generosity and support.

Sandy Noe
2011 President

CEREBRAL PALSY OF MIDEAST WISCONSIN INC

2011 Board of Directors

Sandra Noe - President
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 Rick Vanderloop • Barbara Uecker (Ex-Officio)

Judith K. Britton – Executive Director
 Lorraine Yarbrough – Assistant Executive Director

Wish List

Respite House - Oshkosh

- Dish clothes and dish towels
- Can Opener (2 – Hand Held)
- Canned fruit
- Variety of pasta
- Peanut Butter
- Juice
- Mac ‘n Cheese
- Hamburger Helper
- Pudding
- Microwave Popcorn
- Crackers (Graham, Saltines, Oyster)
- Disinfectant Spray
- Bathroom Cleaner
- Laundry Detergent
- Dishwasher Soap
- Dish Soap
- Paper Towels
- Toilet Paper
- Baby Wipes
- Food Containers for Refrigerator
- Sidewalk chalk
- Markers
- Construction Paper
- Glue
- Beads Crafting Foam
- Finger Paints

- Old Shirts (Size L & XL) for finger painting
- Chapter books
- Sheets/comforters
- IV poles
- Shower Chair
- DVD player
- Food processor
- Towels
- Mattress covers
- Sand toys
- Yoga ball
- Sensory ball (aka Bumpy ball)
- Beads, pipe cleaners
- Crafts supplies
- Sunscreen
- Sterile saline
- Band aids
- TV w/ build in DVD/VHS player
- Bean bag chair
- Cleaners
- Washable liners
- Large 8 quart pot
- Paper towels
- Personal supplies
- Sprinkler
- Kiddy pool
- Pizza pans
- Cookie sheets

- Lanterns
- Bean bag
- Outside toys
- Board games
- Pillow cases
- Pots & pans
- Sippy cups
- Ice packs
- Children’s movies

Wautoma House

- Craft supplies- paper, crayons, colored pencils, markers, paint, glue, stickers, etc
- Silverware
- Mattress pads for twin beds
- Light bulbs (60 watt)
- Coffee pot
- Cleaning supplies
- Laundry soap
- Dish Soap
- Dishwasher soap
- Blankets
- Hand soap
- Large rubber balls (outside use)
- Baby wipes
- Shredder

Toy Lending Library:

- Toys with lights and sounds
- Educational toys
- Therapy balls
- Batteries (AAA, AA, C, D)
- Wood Puzzles

Camp Sandy Wheels:

- Yahtzee with dice cup
- Sorry
- Washable Markers
- Crayons
- 6 Decks of Playing Cards
- 2 Nose Cups
- 6 Decks of UNO
- 2 Trouble
- 2 Candy Land game
- 2 Cribbage Boards – Lg Size
- Playing Card Holders
- 24-26 Piece Puzzles

Office:

- Digital camera

We invite you to take part in these upcoming events! Please join us to help our agency continue to provide you with the services you need.

July 30, 2011 –

EAA 5K Walk/Run on the EAA Grounds. We have been selected along with 2 other agencies to receive proceeds from this event.

August 13, 2011 –

Rockin' and Ridin' at Timbuktu.

Take part in a motorcycle ride (all vehicles are welcomed) in the morning and end at Timbuktu, 129 W. 17th Ave. in Oshkosh (the old VFW Hall). Then enjoy music, raffles and lots of fun.

August 15, 2011 -

Wautoma 7th Annual Golf Outing at the Two Oaks Golf Course. Enjoy a morning of golf while helping to raise money for the Wautoma House. In addition to golf there will be a raffle and live auction. Awards will be given out during the luncheon.

August 20, 2011 –

WestFest in Grand Chute. 5K Walk/Run to benefit our agency. Stay around after the run to enjoy music from five different bands and other events.

August 27, 2011 -

Wautoma Brat Sale at Stoneridge in Wautoma. Stop by the Brat Barn and pick up a brat for yourself and your friends.

September 30-October 2, 2011 -

2nd Annual Oktoberfest at the Leach Amphitheater in Oshkosh. There will be great music and food to celebrate the German holiday. We will need assistance to sell raffle tickets during the weekend.

November 11, 2011 -

Volleyball Fundraiser at the Bar in Oshkosh. Get your team of 4-6 players together for either tournament play or

play for fun. Teams collect pledges from family & friends to sponsor their team. In addition there will be raffles the evening.

November 14, 2011 –

Ultimate Tailgate Party at the Hilton Garden Inn –Oshkosh. Enjoy watching the Packers take on the Vikings. Includes dinner with all the fixins', beer, wine and soda. There will also be a silent auction, raffles, and other events during the night. Sponsorships are available for this event. Ads may also be purchased for the Silent Auction book.

For more information on any of the above events or if you wish to volunteer call the Cerebral Palsy of Mideast Wisconsin office at (920) 424-4071 or 800-261-1895 or email us at cp@cpmideastwis.com.

Wautoma House

Here are a few fun events that we have done so far with our participants at the Wautoma House:

On July 6th we went to Waupaca and took the 1 ½ hour guided boat tour on the beautiful chain of lakes. The staff helped all the respite participants up to the top deck of the boat and took a wonderful boat ride. The scenery of the lake was magnificent!

On July 7th the circus was in town at the fairgrounds and we took everyone there to watch the clowns, different performers and see the animals they had there. Seeing the participants smile and laugh was something worth looking forward too.

On July 9th the Wautoma House went to the Blackhawk Folk Society at Mt. Morris Park for a day of fun and music. We listened to a

variety of different musicians and performers throughout the day. We had a beautiful day to listen to the different music, do a little dancing and had lunch at the park.

These are just a few fun events so far and many more events will be planned soon. Please join us for our upcoming fundraiser, the golf outing and rummage sale in August 2011. We look forward to seeing you there.

Guide to Planned Giving

Cerebral Palsy of Mideast Wisconsin since 1954, Cerebral Palsy of Mideast Wisconsin has been providing services and programs that help people and families touched by cerebral palsy, physical & developmental disabilities, and other behavioral challenges. Covering nine counties with over 600,000 residents, this dedicated organization supports a community of caregivers and volunteers that are united in mission, service and advocacy on the behalf of those in need.



Your Help is needed. The work and challenges of people with disabilities are never ending, but the variety and options available to those who contribute are limitless. Today, you have the opportunity to affect the lives of the over 1100 individuals that Cerebral Palsy of Mideast Wisconsin serves annually.

You Can Make the Difference. Have you ever wondered if your life will make a difference or asked yourself what sort of legacy you will leave in service to your community? If you want to make a difference and leave a worthy legacy, Cerebral Palsy of Mideast Wisconsin can surely use your help. And you can be equally certain that your contribution will make a positive, uplifting and lasting difference.

Uplifting Lives. You can help ensure that we have the resources to continue having a positive, lasting impact on the lives of people, young and old, affected by cerebral palsy and other disabilities.

Renewing Spirits. Through Cerebral Palsy of Mideast Wisconsin, people with disabilities, their families, and hundreds of volunteers unite to form an unbroken community of caring. Your contribution will strengthen their resolve, renew their spirits and provide them with faith to continue this important mission. All this is made possible by your support and generosity.

THANK YOU! Thank you for allowing us to tell our story and demonstrate how you can do all the good you can to serve a greater need.

Planned Giving Opportunities:

- Gifts of Cash
- Gifts of Securities
- Bequests
- Living Trusts
- Gifts of Retirement Plans
- Gifts of Real Estate
- Gifts of Life Insurance

“Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as ever you can”.

-John Wesley

For more information or details regarding our planned giving program, or in general, or if you would like to donate, please check out our new and improve website at www.cpmideastwis.com. You can also contact us by phone at 920-424-4071 or 1-800-261-1885.



A SPECIAL RUN/WALK TO BENEFIT

Boys & Girls Club of Oshkosh,
YMCA Strong Kids Fund,
and Cerebral Palsy of Mideast Wisconsin

Saturday, July 30, 2011 — 7a.m. race start
AirVenture Grounds "North 40"

Pre-registration: **\$25 entry fee*** — Day of Registration: **\$35 entry fee***

*\$5 discount if you already have your wristband (everyone must have a wristband to be on AirVenture grounds).



Oshkosh Community YMCA

Participants will receive a special event t-shirt, timing chip, complimentary snacks and water, and Saturday admission to EAA AirVenture, which includes a concert, Night Air Show, and Daher-Socata Fireworks display Saturday evening!

Interested runners and walkers can pre-register until 5p.m. Thursday, July 28, online, by mail, at the EAA AirVenture Museum, or on AirVenture grounds at EAA's Welcome Center.

Event-day registration and packet pick-up begins at 5:30a.m. on grounds at the Runway 5K tent located just north of the Red Parking Lot on Wittman Road. Free parking is available in the Red Lot until race time.

For more information, come see us at EAA's Welcome Center during EAA AirVenture Oshkosh.

Special thanks to our sponsor:



Cerebral Palsy
Serving a Variety of Disabilities



www.AirVenture.org/run

1-800-236-1026

REGISTRATION

Name		Credit Card #	
Address		Expiration Date	
T-Shirt Size	Age	Birthdate	Male/Female
E-mail		Phone Number	
Participant Signature & Date		Parent or Guardian Signature & Date <small>(If participant is under age 18)</small>	

Please make checks payable to **EAA Runway 5K**.
Mail this form to: EAA Runway 5K
P.O. Box 3086
Oshkosh, WI 54903-3086

I have read and understand the Release and Indemnity below.

RELEASE AND INDEMNITY

I acknowledge that participating in the EAA Runway 5K is voluntary and I, or my child, am voluntarily participating. I understand there are risks of bodily injury involved in this activity, including but not limited to joint and muscle stress, exhaustion, dehydration, vehicle traffic, potholes and other uneven surfaces, and contact with other runners. I hereby release the EAA Runway 5K, its director, volunteers, and race officials, Boys & Girls Club of Oshkosh, Oshkosh Community YMCA, Cerebral Palsy of Mideast Wisconsin, and Experimental Aircraft Association Inc., from any and all liability whatsoever, including all claims, demands, or causes of action of every nature which arise out of or are in any way connected with EAA Runway 5K.

I agree to indemnify and hold harmless the above-mentioned parties in the event of any injury to myself or minor child in the EAA Runway 5K caused by an accident or otherwise.

I have read the foregoing Release and Indemnity, understand its terms, and freely and voluntarily sign the same.

Every minor participating in the EAA Runway 5K must register with a Release and Indemnity signed by his or her parent or guardian.



2011

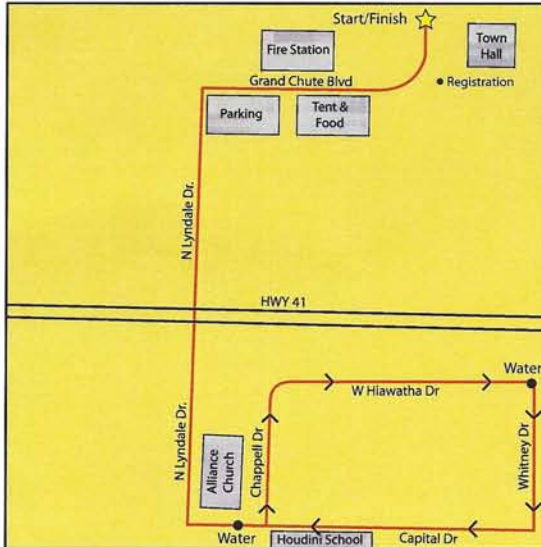
WestFest

Grand Chute

A Community Family Celebration

5K CHARITY RUN/WALK

BENEFITING CEREBRAL PALSY OF MIDEAST WISCONSIN



SATURDAY, AUGUST 20, 2011

6:45 AM Registration

8:00 AM Race starts at Grand Chute Town Hall

Pre-registration entry fee: \$20.00

Includes: athletic performance hat (while supplies last), timing chip, snacks and beverages

Day of registration entry fee: \$25.00

Pre-registration can be done online at

www.active.com/westfest5k

or in person at **Run Away Shoes**

(W3192 County Rd KK)

or **CP of Mideast Wisconsin**

or by phone 920-955-7463 or 1-800-261-1895

Packet Pick up at Run Away Shoes, Friday August 19th 12-7

*guaranteed hats if pre-registered

Visit gcwestfest.com for the daily activities and FREE family events.

REGISTRATION

Name: _____ Credit Card #: _____

Address: _____ Expiration Date: _____

Email Address: _____ Age: _____ Male/Female: _____ Security Code: _____

Participant Signature & Date: _____

Parent or Guardian Signature & Date: _____
(if participant is under age 18)

Please make checks payable to Cerebral Palsy of ME WI
Mail this form to Cerebral Palsy of ME WI
2700 W. College Ave • P.O. Box 140
Appleton, WI 54914-2918

I have read and understand the Release & Indemnity on the back of this entry form.

Children 12 and under free

Pop Warner offers a Challenger Football Division

Pop Warner offers a great opportunity for boys and girls with special needs to enjoy the game of football. The program is offered to special needs children ages 6 to 16 that are unable to participate in other area football divisions. It is no contact and individualized to their abilities. Parents and/or buddies assist players as needed. The season starts September 10th, 2011 and we will play six games on Saturday afternoons. The games are played in Appleton. Check out pictures from past year's season on the website www.appletonfootball.org and click on Challenger division. If you are interested in finding out more information or want to be on our mailing list, please email shipple@new.rr.com

Toy Lending Program

Choosing toys for children with disabilities can be difficult. A child with a disability may need modifications or adapted toys in order to interact with the environment creatively, emotionally and intellectually. The Toy Lending Program recommends the following Top Ten Things to Consider for Children with Disabilities:

1. **Multisensory appeal:** Does the toy respond with lights, sounds, or movements? Are there contrasting colors? Does it have a scent? Is there texture?
2. **Method of activation:** Will the toy provide a challenge without frustration? What is the force required to activate? What are the numbers and complexity of steps required activating?
3. **Where toy will be use:** Can the toy be used in a variety of positions such as side-lying or on wheelchair tray? Will the toy be easy to store? Is there space in the home?
4. **Opportunities for success:** Can play be opened with no definite right or wrong way? Is it adaptable to the child's individual style, ability and pace?
5. **Current popularity:** Is it a toy most any child would like? Does it tie-in with other activities like T.V., movies, books, clothing, etc?

6. **Self-expression:** Does the toy allow for creativity, uniqueness, and choice-making? Will it give the child experience with a variety of media?
7. **Adjustability:** Does it have adjustable height, sound volume, speed, level of difficulty?
8. **Child's individual characteristics:** Does the toy provide activities that reflect both developmental and chronological ages? Does it reflect the child's interests and age?
9. **Safety and durability:** Consider the child's size and strength in relation to the toy's durability. Are the toy and its parts sized appropriately? Does the toy have moisture resistance? Can it be washed and cleaned?
10. **Potential for interaction:** will the child be an active participant during use? Will the toy encourage social engagement with others?

We have a Certified Occupational Therapy Assistant who will work with your family in choosing the right toys that will be both fun and help develop gross motor skills, fine motor skills and sensory skills. Please contact Deb Wirth at 920 424-4071 for more information.

Individual Education Plans

Did your child graduate this year or will they be graduating this coming year. If you are in this category and they are planning on attending a technical college or university please check with their high school to see how long they retain Individual Education Plans (IEPs) in case you need it in the future. Make sure you have a copy of their last IEP in case you need it in the future if they decide to go on to school.

We are happy to assist families who are having concerns, problems, or questions regarding their child's IEP. We will also provide support to parents at school IEP meetings if requested by the family.

Respite Hotel

Ia Thao

Human Services Intern

On April 10th, 2011 at approximately 2pm, the main water pipe broke causing severe water damages to the house. All the participants and staffs present at the time evacuated everyone in a timely manner and made sure that everyone got out safely. After the evacuation, WILLO Resident Ginger, Jamie, and Kristen quickly opened up their apartments for the participants and staffs to stay at until parents came to pick up the participants. UW-Oshkosh also opened their arms to find us a place at Gruenhagen



Conference Center to stay at during all the chaos.

As a Human Service Intern at CPMW and an upcoming UW-Oshkosh graduate on August 5th, 2011, having to witness the aftermath of this damage is dishearten. Although they had to move from Gruenhagen to Taylor Hall, then back to Gruenhagen, was a lot of working and moving around, but what was best of all was that all the participants and staffs did it with a smile. I spend one whole day with the participants and staffs at the “Respite Hotel” and it was amazing. I had a lot of fun seeing the smiles on the participants’ face and



how adapting they were with all these changes. During the day, I saw a lot of arts and crafts they made and how much enthusiasm they had in them to stay positive and still have fun with all the transitions and all that they went through. One thing I learned about CPMW as a whole is that no matter how awful or unexpected something can happen such as, the water damage, CPMW staffs and volunteers will give it 100% of their effort to bring the participants back home.

I want to thank the countless effort that has been made to the following: Service Master, CPMW staffs and volunteers, neighbors, Oshkosh Fire Department, Oshkosh Police Department, UW-Oshkosh Football Team, UW-Oshkosh Human Services Leadership, UW-Oshkosh Sorority Sigma Sigma Sigma, UW-Oshkosh Alumni, Gruenhagen Conference Center, WILLO Residents, All Saints Church and Lutheran Homes. Thank you for your countless effort to help us clean, organize, fix, repair, you name it. Because of you all, we were able to move back home ahead of schedule. To the parents who, through their understanding and cooperation, we were able to make the transition as easy and smoothly as possible. THANK YOU!



A Journey to Independence

Stacy Ellingen

Despite being diagnosed with Athetoid Cerebral Palsy at three months of age due to complications during birth, I've accomplished a lot. From starting therapies when I was just eight months old, to getting my first power wheelchair when I was two, to starting school at the age of three, to graduating high school and going onto UW-Whitewater, to graduating with a BA in Advertising—I've defied many challenges. However, the biggest challenge came after graduating college.

After graduation from UW-Whitewater in May 2009, I moved back home with my parents in Fond du Lac. The plan was to get personal cares setup and move into an apartment in Fond du Lac. For six years in Whitewater, I lived independently in a regular dorm and had personal care workers come in four times per day to help me—getup, lunch, dinner, and bed. It worked so well. I loved being independent! When I moved back to Fond du Lac, I thought finding a care agency and an apartment wouldn't be that difficult. I couldn't have been more wrong!

Because I have the cognitive capability to make financial and care decisions for myself, I'm not on the Care Management Option (CMO). Therefore, I had to find care agencies that would bill Medicaid or IRIS. This was not an easy task—especially in Fond du Lac! Before I could even really look for apartments, I had to get cares lined up first because I couldn't live on my own without assistance. For whatever reason, agencies couldn't staff my shifts. In the year and a half I was at my parents, we tried two different agencies, and the most we ever got covered was two shifts per day. This was unbelievably frustrating because I knew if given the right supports, I could live independently.

Last summer, I began researching different living options on the internet. I came across Cerebral Palsy of Mideast Wisconsin's Independent Living website. My mom and I came to tour a house late last August. I admit, I was skeptical because I'm not particularly fond of the idea of segregating people with disabilities. However, when I saw the setup of the Willo Apartments, I was very impressed! The units are so accessible and, although all the residents have disabilities, it's nothing like a group home. After we toured, I knew this was where I wanted to be. We were told about how the personal cares were setup and that there was a waiting list. We filled out the paperwork and the wait began.

In October, I got word that I'd been approved to live in a unit. Now, it was just a matter of waiting! I'd send an email every few weeks to see if anyone had heard anything. In mid-December, I got the email that I'd been waiting for—a unit had become available and I was next on the list! I don't think I've ever been so excited!

Due to the holidays and having to get everything ready, it took some time. We had a meeting to setup cares in January and it was decided I'd move in in mid-February. It was then time to do the fun stuff—like pick out furniture! In early February, I had another meeting to sign the lease. It was so exciting to know it was actually happening! I could hardly believe it! The next weekend I moved in. Even amidst a snowstorm, moving was fun!

I've been here almost six months now and I absolutely love it! Cerebral Palsy of Mideast Wisconsin has done a wonderful job of providing me staff to let me live independently once again. I've made good friends with the residents here and am beyond thrilled to be living on my own!





Cerebral Palsy
of Mideast Wisconsin, Inc.
Over 50 Years of Service
Serving All Disabilities

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Oshkosh, WI 54903-1241

RETURN SERVICE REQUESTED

DID YOU RECENTLY MOVE OR ARE YOU PLANNING A MOVE?

If your answer is *yes*, and your newsletter is mailed directly to you, please call us at 920-424-4071 with your updated information. You will save Cerebral Palsy money by preventing the return of newsletters with incorrect addresses. **THANK YOU** for helping to update our mailing lists.

If you would like to receive this newsletter electronically, please visit our website at www.cpmideastwis.com and "Join our Email List"



United Way Partner Agency